



Recreation Centre

WALKING BASKETBALL

Are you looking for fun ways to improve your health and fitness with an activity that's a little less strenuous?

Walking Basketball is a low-impact, social and fun way to improve your levels of activity. Whether you played years ago or have never touched a ball - this could be the new social hobby for you!

Suitable for participants across all ages, genders and abilities, the program kicks off this March and is free for all members and people over 80 years old. Casual entry is only \$3!

- Date: Monday mornings
- Time: 10.00am - 10.45am
- Where: Margaret River Recreation Centre Courts

For more information or to sign up, please email fitness@amrshire.wa.gov.au or call (08) 9780 5626.



51 Wallcliffe Rd, Margaret River WA 6285
T (08) 9780 5255 E recreation@amrshire.wa.gov.au
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Recreation Centre Teen Gym Memberships

Fitter, Faster, Stronger... making sweat your best accessory!

Kick start the school term with a Teen Gym membership. Suitable for teens aged 12-16 years, you can drop in for a casual session or join our new 6-week term youth program with four fun classes.

Run by qualified instructors, Teen Gym is designed to improve your technique, strength and general fitness. Membership includes access to gym, teen gym, eligible fitness classes and casual court entry.

There's a breakfast option with all morning sessions too! For sessions, please visit recreation.amrshire.wa.gov.au/teen-gym

For more information or to sign up, please contact fitness@amrshire.wa.gov.au or call (08) 9780 5625.



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Emergency Services

50% Off Rec Centre Gym Memberships

Thank you for your continual brave efforts helping the community!

Here at the Margaret River Recreation Centre we appreciate the hard work of our Emergency Services who jeopardise their own safety when protecting our local community. We understand the importance of a work-life balance and want to make sure fitness, health and well-being plays a huge part in yours!

Emergency Services memberships are available for all membership terms and offer full facility services at 50% off the actual cost. 1-month, 3-month and 12-month memberships are available.

Run by qualified instructors, our classes are suitable for all ages and fitness levels. We have a range of Les Mills virtual classes too.

For more information or to sign up, please visit recreation.amrshire.wa.gov.au/membership or call (08) 9780 5260.



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Recreation Centre GYM MEMBERSHIPS

Give your body a whole workout and join the fun!

The Margaret River Recreation Centre provides a range of flexible membership packages to suit your needs. Choose a membership that meets your personal goals and allows access to the facilities and programs that are most relevant to you.

1-month, 3-month or 12-month memberships available. Special discounts for FIFO workers, Emergency Services crew and older community members. If you're over 80 years, membership is free!

Run by qualified instructors, our classes are suitable for all ages and fitness levels. We have a range of Les Mills virtual classes too.

For more information or to sign up, please visit recreation.amrshire.wa.gov.au/membership or call (08) 9780 5260.



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